



East London Chorus

The choir for East London and Docklands

Chair: Rosemary Leeke

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Music Director: Jessica Norton

musicedirector@eastlondonchorus.org.uk

Protocol for In-Person Rehearsals at St John's Stratford

1. You must not attend an in-person rehearsal if any of the following apply:
 - a. you have had a positive Covid test or display any of the symptoms: elevated temperature, continuous cough, loss of smell and taste;
 - b. you have been in close contact with someone with symptoms;
 - c. NHS Test & Trace have asked you to self-isolate;
 - d. You have returned from abroad and been asked to self-isolate
2. If (a), (b) or (c) above apply to you after you have attended a rehearsal you must contact the Membership Secretary (07510 345 438 or membership@eastlondonchorus.org.uk) without delay
3. Nothing should be shared with other singers so you will need to bring with you:
 - a. face covering
 - b. hand sanitiser (we will also provide this)
 - c. your own refreshments
 - d. your own music (we will be issuing library copies at the beginning of term but you must bring these with you every week as we won't have spares for casual borrowing)
 - e. your own pencils etc.
4. When attending rehearsals in person you should maintain social distancing at all times including on arrival and when leaving.
5. You should follow St John's Covid protocol whilst moving about the building, in the rehearsal space and when using the toilets.
6. You should sanitise your hands on arrival and before and after the break, using the toilets and touching any surfaces.
7. Unless you are exempt, you should wear a face covering as you enter, leave and move about inside the church. You may choose to remove your mask to sing when everyone is seated or standing in their allocated position but do not have to do so.
8. Everyone must maintain 2m distancing while singing, marked by indicators on alternate pews and a maximum of 3 people in a full length pew or 2 in the shorter ones. We will keep a seating plan along with the attendance register each week, for Test & Trace purposes.

Document updated 23 September 2021